



## CLOTHING

- 14 T-shirts (recommended to include 1 red, 1 blue & 1 green for Maccabiah)
  - 2-3 Solid white t-shirts for tie-dying/decorating
  - 2-3 Long sleeve shirts
  - 3-4 Sweatshirts/sweaters
  - 8 Shorts (athletic or regular)
  - 4-6 Jeans/pants
  - 1 white shirt or dress for our first Shabbat
  - 2-3 additional Shabbat appropriate outfits\*\* (nice shirts, pants, skirts, or dresses)
  - 4 Swimming suits (one-piece suits required for participants in water sports and preferred for other camp activities)
  - 14 Underwear
  - 14 Pairs Socks
  - 4 Pajamas
- Optional:* Hat/Visor | Kippot/Yarmulkes | Bras | Bathrobe | Costumes | Apparel for theme days like sports, colleges, July 4th, etc. | Bandana

## OUTERWEAR

- 1 Jacket or fleece
- 1 Raincoat or poncho

## SHOES

- 2 Pairs of athletic shoes
- 1 Pair of flip-flops/shower shoes
- 1 Pair of athletic sandals
- 1 Pair of Shabbat-appropriate shoes
- 1 Pair of rain shoes / boots (optional)

## SUNDRY ITEMS

- Shower Caddy (soft sided or hard with holes on bottom for draining)
  - 1 Toothbrush w/holder
  - 1 Toothpaste tube
  - 1 Hairbrush/comb
  - 2-4 week supply of Bodywash or bar of soap w/case
  - 2-4 week supply of Shampoo/conditioner
  - 2-4 week supply of Deodorant
  - 2-4 week supply of Sunscreen
  - 2-4 week supply of Insect repellent
- Optional:* Mouthwash | Chapstick | Tissues | Calamine/After Bite | Period products

## CABIN SUPPLIES/LINENS

- 1 Pillow
  - 2 Pillowcases
  - 1 Sleeping bag
  - 2 Twin sheet sets \*\*\*
  - 2 Warm blankets (one can be an open sleeping bag)
  - 4 Beach Towels
  - 4 Bath Towels
  - 2-3 Washcloths
- Optional:* Bathmat/rug for bedside | Battery Operated Fan  
Bunk Bed Caddy ([Click HERE for example](#))

## CAMPER ESSENTIALS (REQUIRED)

- Box of 100 disposable masks
- Hand Sanitizer (6 oz. recommended)
- 1 Refillable water bottle
- 2 Laundry bags (marked with name)
- 1 Flashlight w/batteries

## MISCELLANEOUS (OPTIONAL)

Stationary supplies (envelopes, stamps, pre-addressed envelopes, postcards, pens, pencils)  
Sports equipment (baseball glove, tennis racquet, swim goggles, etc.)  
Sunglasses • Spare glasses/contacts  
Mask lanyard  
Games • Cards • Stuffed Animal  
Music Player ([Click HERE for example of approved device](#))  
Small fan  
Water bottle cleanser tablets  
Family Photo  
Books • Magazines  
Orthodontic appliances  
Nail Clippers

\* Please do not send items of value unless you are willing to take responsibility for them. These items include ipods, cameras, watches, jewelry, etc. **CAMP INTERLAKEN IS NOT RESPONSIBLE FOR THE LOSS OR DAMAGE OF PERSONAL ITEMS.**

\*\* We are trying to create a festive atmosphere for Friday Night Shabbat. Appropriate clothes will help set the tone. Saturday morning is more casual. The first Shabbat of the session will be our "White Shabbat." Campers should wear a white top/shirt or dress.

\*\*\* The camper beds are not as wide as a twin bed. The mattress dimensions are 30x75. Sheets may be difficult to find, and twin sheets will work just fine.