



We are excited to bring you our second “*Hoda-ah*” (the singular form of *Hodaot*) email to help explain **Health Forms, Immunizations, Medications, and Lice Prevention**. ***All camp forms are due May 1st***

For your reference, here is a link to the [Family Handbook](#) that we shared in the last *hoda'ah*.

Health Forms

All of the camper health forms can be accessed by logging into your camp [HERE](#) or going directly to Camp Interlaken's web page and clicking “Account Login”. Then click “Forms and Documents”.

- **Health History (ONLINE)** – This form should be filled out and submitted online by parents. If you enter immunizations here, you don't need to submit a separate immunization form. In addition, the immunizations filled in electronically from this section will be stored from year to year. Only updates are necessary in the future.
- **Immunization (PRINT)** – This form can be filled out by parents or your health professional and submitted via the faxback number at the bottom of the form (or mailed to the winter office if you don't have access to a fax machine). If you have a printout from your doctor, it can be submitted the same way – please print the online immunization form and place it in front of your doctor's printout when faxing.
- **Insurance Cards (PRINT)** – Please attach a photocopy of both front and back of insurance/prescription cards. **Don't forget to sign the “Consent to Treat” at the bottom of this form.** It should also be sent by using the faxback number if possible.
- **Physical Examination (PRINT)** – This form should be printed and taken to your child's doctor to fill out and sign. It can be returned to us by using the faxback number at the bottom if possible.
- **Emergency Action Plan (PRINT OR UPLOAD YOUR OWN)** - This form should ONLY be completed for a child who is more likely to have a specific medical emergency while at camp. This document provides us with critical information needed in the event of an emergency for health issues: asthma, food allergies, seizure disorders and other chronic illnesses. It is NOT REQUIRED.

Immunizations

All campers, staff, and guests who are attending Camp Interlaken's program are required to have age-appropriate vaccines including being full vaccinated for Covid-19.

Please review the background, policy and eligibility by clicking [HERE](#).

Camper & Ozrim Medications

Many of our campers take daily medications. CampMeds has given us a system that assures that each camper is taking the right medicine, in the right dose, at the right time each time they take their meds.

Our policy for dispensing and administering medicine requires camp families to have ALL of your camper's medicine dispensed by CampMeds. They will fill the prescription and send it to camp prior to your camper's arrival. While some camps bill their families for the use of CampMeds, Camp Interlaken believes that this service is vital to ensuring the health of our campers and has taken on the cost to utilize CampMeds. You will only be charged for the cost of the medication.

CampMeds will fill:

- Prescription medication in pill form (daily and "as needed")
- Prescription medication in liquid form (daily and "as needed")
- Prescription nose sprays, eye/ear drops, inhalers*, creams/ointments
- Non-prescription items (OTC) such as allergy medication (daily and "as needed")
- Vitamins/Supplements

The only exceptions are Accutane & birth control pills (because they are already prepackaged), growth hormones, insulin, injections, and "as needed" Lactaid. Our Camp stocks most over the counter (otc) items such as Tylenol, Advil, Benadryl, etc. We do not require that CampMeds dispense typical otc items that are taken as needed.

**Emergency inhalers and epi-pens should be sent to Camp with the camper. A plan is made for each individual camper who brings rescue meds based on the Medical Emergency Action Plan of the camper.*

Camp expects 100% participation from families with campers who will need medication while at camp. The only exception to this procedure is if CampMeds notifies us that they are unable to accept your insurance. **Parents sending medications with their campers (*without prior authorization*) will be charged a \$150 dispensing fee.** Please remember there is no additional cost to you for the CampMeds service.

- If your camper **does not** take medication: DO NOT register with CampMeds.
- If your camper **is taking medication** at camp this summer: Visit the CampMeds website www.campmeds.com for additional information and to register your camper. There is an [FAQ page](#) to help answer some common questions.

CampMeds Deadlines:

Session 1 Campers – May 22

Session 2 Campers – June 20

**Rush Fees may be applied after the dates above*

Lice Prevention

Camp Interlaken is committed to minimizing the likelihood of transmitting head lice at camp with our "No-Nit" policy. Lice has NOT been a problem at Camp Interlaken, but it has been a problem in schools and other programs where people are in close contact to one another. The nature of the life cycle of lice can make it very difficult to identify cases of lice, particularly in the early stages. Head lice are unpleasant to have and a huge burden to eliminate. Our comprehensive policy can be found by clicking [HERE](#).