



# Steve & Shari Sadek Family Camp Interlaken JCC

## Covid-19 Playbook Summer 2022

Last updated 5/28/2022

We cannot wait for our summer to begin! The summer of 2022 will be so exciting as we welcome our full community back to the *machaneh* (camp)! We have learned a tremendous amount over the last couple of years, and we are excited to both apply what we've learned to support a safe and healthy camp community as well as celebrate the most amazing summer ever!

The health and safety of the Camp Interlaken community is, and always has been, our top priority. Yes, Covid-19 is still present. No, we don't have the same Covid-19 protocols as in the summer of 2021. However, we do still have some protocols, and we feel awesome about them because they are allowing us to begin our summer with "normal" Camp Interlaken programming with campers in their *chugim* (choice based activities), eating in the chadar ochel (dining hall) together, and gathering as a full Camp. Because of this, we want to do everything we can to ensure that we can both start and continue our programming this way. We believe that our plans will allow up to do that.

We recognize that regardless of the level of preparation we cannot guarantee that COVID-19 will not be present at Camp Interlaken, but we are confident in our ability to run Camp in a way that reflects the programmatic structure that is at the heart of Camp Interlaken. We are operating as if the virus *will* enter Camp. Our objective this summer is to minimize any COVID-19 spread as much as possible, while allowing us to engage in our usual camp activities.

While we are doing everything we can to plan for a typical summer, we need to ensure that everyone arrives, and remains, as healthy as possible. Our layered practices will reflect the balance of preserving as much normalcy as possible and staying as healthy as possible.

To develop COVID-19 protocols for Summer 2022, we consulted a range of advisors, including our Medical Committee, the Centers for Disease Control and Prevention (CDC), the American Camp Association, Vilas County Health Dept., and other camps in our network.

Please read the information below carefully to ensure that you follow our guidelines so that we can do our best to make sure everyone has a safe, healthy, and successful summer! As COVID-19 continues to be an ever-changing situation, and as circumstances and guidance related to operating overnight summer camps in the pandemic evolve, our plans and protocols may also need to shift accordingly.

Please know that these plans reflect if Camp opened on June 1<sup>st</sup>, 2022.

### Vaccination Requirement

Our updated immunization policy requires everyone at camp **be fully vaccinated against Covid-19** as [defined by the CDC](#). This means at least 2 doses of the Pfizer/Moderna vaccine, or 1 dose of the Janssen/Johnson & Johnson vaccine. Medical exemptions submitted in writing with documentation from the individual's treating physician will be considered.

**All campers, staff, and guests will be required to provide proof of their Covid-19 vaccines.** If you have not yet uploaded your Covid-19 proof of vaccination in your forms section of your CampMinder dashboard, please do so.

### We strongly encourage boosters for all who are eligible.

The CDC's guidelines for individuals who are exposed to COVID-19 differ for those who are "up to date" (boosted) and those who are not. If the camp participant is old enough to be eligible for a booster, we urge that they boost; it is in camp's and in their best interest to do so.



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### Pre-Camp Behavior

At least 7 days prior to your arrival date, staff, campers, and their families should do their best to ensure that everybody will be COVID-free upon arrival at camp. Here are some suggestions to help you avoid contracting Covid-19:

- Mask indoors anytime in public places like stores, restaurants, etc., using surgical, KN95, or N95 masks instead of cloth ones.
- Avoid large indoor gatherings and wear a mask if you must attend one.
- If you are at large outdoor gatherings, wear a mask.
- If you are going to restaurants, eat outside.
- If a participant tests positive for Covid within 10 days prior to your arrival at camp, please notify us immediately and we will come up with a plan for their entry into camp.
- If a participant has any cold symptoms, even with negative PCR and antigen tests, please let us know in advance so that we can monitor them more closely.
- If someone in your household tests positive within the five days prior to camp, or a participant has been identified as a "close contact" of someone who has tested positive within those five days, please call us and we can discuss the most appropriate plan of action.

**Optional:** You may want to take a PCR test 10-12 days before camp begins, so that if the test is positive, the participant will have time to isolate before camp begins. Please contact Camp if the test is positive.

### Pre-Camp Testing

**We are requiring two tests prior to arrival at Camp:** a PCR test 48-72 hours before arrival and a Rapid Antigen Test the day of arrival.

**PCR Test** – No more than 72 hours before camp begins (preference of 48 hours), participants must complete a PCR test. Upload the results into the Forms section of your CampInTouch Dashboard. Camp Interlaken will be offering a testing clinic in Milwaukee and the north Chicago suburbs again. We will provide more information about that over the upcoming weeks.

**Rapid Antigen Test** – On the morning of arrival at Camp, participants will take an antigen test at home. Take a picture of the negative test result and show that to us upon arrival to bus stops or drop off site. For those traveling by plane, please text us the image of your test before you get on your plane. We will share the phone number directly to you.

You can purchase any FDA approved at home Covid-19 antigen test. If you haven't already received your free tests from the government, [you can do so here](#).

**Positive Covid-19 Test within 90 days prior to arrival at Camp** – please upload proof of positive test via PCR or documentation from doctor. If positive was on an antigen test only, please get a PCR or doctor documentation as antigen will not be accepted.

#### For 1<sup>st</sup> Session

If the positive test was between March 22<sup>nd</sup> – April 22<sup>nd</sup>, you will not need to PCR test prior to camp arrival, but you are required to take a Rapid Antigen test on the morning of departure.

*\*If the positive test was after April 22<sup>nd</sup>, the participant will not have to test to come to Camp.*



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### For 2<sup>nd</sup> Session

If the positive test was between April 20<sup>th</sup> – May 20<sup>th</sup>, you will not need to PCR test prior to camp arrival, but you are required to take a Rapid Antigen test on the morning of departure.

*\*If the positive test was after May 20<sup>th</sup>, the participant will not have to test to come to Camp.*

**Optional:** You may want to take a PCR test 10-12 days before camp begins, so that if the test is positive, the participant will have time to isolate before camp begins. Please contact Camp if the test is positive.

## Travel to Camp

**Bussing** – In addition to the multiple negative tests required prior to arrival, campers and staff will wear high-quality masks (well-fitting disposable surgical, KN95, KF94, or N95 masks) while riding the bus to camp. They can remove their masks to eat or drink and then promptly put them back on.

**Flights** – Participants traveling by airplane are requested to wear a high-quality mask (well-fitting disposable, surgical, KN95, KF94, or N95 masks) throughout all parts of their journey to Camp. If they eat or drink anything while in the airport, please find an area where they can do without being near others and promptly put their mask back on. On the plane, if they can avoid eating or drinking, that would be best. Please remove the mask as infrequently as possible and do not leave it off for more than a few minutes at a time.

## Arrival at Camp

Following arrival at Camp Interlaken, mask use will remain in effect **indoors only** (not in cabins) for up to 72 hours, except for eating, sleeping, and showering. All activities and meals will be mostly outdoors for the first 72 hours of each session to limit masking. By Friday afternoon, we will have the results of our 1<sup>st</sup> onsite PCR test, and we will enjoy our first Shabbat all together as one Camp Interlaken *kehillah* (community). *Chugim* will begin as normal: camper choice and mixed age groups.

## Covid-19 Testing at Camp

**Positive Covid-19 Test within 90 days prior to arrival at Camp** – please upload proof of positive test via PCR or documentation from doctor. If positive was on an antigen test only, please get a PCR or doctor documentation. Participant will not have to PCR test at Camp while they are within their 90 days diagnosed infection.

**Day 1** – On the day after arrival, we will PCR test all of Camp. We will receive the results at the end of the day of Day 2.

**Day 5** – we will PCR test all of Camp again. We will receive the results at the end of the day of Day 6.

Staff will continue to be tested twice weekly: once with a Rapid Antigen test and once with a PCR test

Symptomatic campers and staff will be rapid antigen and PCR tested as needed.

As the climate of Covid-19 changes, we may decide to test more or less frequently; we will determine that at that time.

We will use North Shore Clinical Labs for testing as we did last year. Every person being tested must be registered in North Shore's system. Please use this [link to register](#) each individual person in your family before June 1<sup>st</sup>.



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North Shore Clinical Labs provides this service free of charge to us. They will bill your insurance and you will not be liable for any payments beyond what your insurance will cover. At the end of the summer, you will likely receive an explanation of benefits from your insurance company showing what payments they made to North Shore Clinical Labs. You are not responsible for any unpaid amounts.

### Mask Protocols

After the first 72 hours of Camp, masks will not be required in indoor spaces for as long as there is no Covid-19 in camp. Once a Covid-19 case is present in camp, we may need to mask indoors.

If a participant has cold symptoms but tests negative, we may ask them to mask indoors until their symptoms subside.

Every participant should pack 100 disposable masks: well-fitting, disposable, surgical, KN95, KF94, or N95 masks. Do not bring fabric masks or gaiters.

Camp supports any camper or staff who would like to wear a mask at any time.

### If Someone Tests Positive

Our goal is to manage Covid-19 at Camp and get them back into activities as soon as possible, per the CDC guidelines.

**Parents always have the option to pick up their camper or staff and return them to camp when appropriate.** We will call you to discuss the best options for your child.

Campers who test positive and remain at Camp will isolate with other positive campers. Once a camper has completed 5 days of isolation, has been fever free without medication for 24 hours, and has resolving symptoms, they will be able to return to camp activities but will need to mask for another 5 days. They will sleep separately from their cabins (with staff supervision) for those 5 days and will return to the cabin on Day 11.

Situational awareness will be used to drive real time operational decisions. If housing and caring for COVID-positive campers is incompatible with camp's capacities (facilities and staff), given the period of transmissibility and isolation, we may require positive campers to be picked up by their families and returned to Camp at the end of their isolation period.

### If Someone is Exposed to Covid-19

If someone tests positive for COVID-19 at camp, our medical staff will determine who was exposed to that individual – i.e., who qualifies as a “close contact.” At a minimum, cabinmates and staff will be considered as “close contacts.”

If a camper/staff is exposed to COVID-19, tests negative, *and is **up to date** on COVID-19 vaccinations* (i.e., the individual is eligible for a booster and is boosted) *OR had a confirmed case of COVID-19 within 90 days*, they can return to normal camp activities with masks required except for sleeping, showering, eating, and swimming for a minimum of 5 days post-exposure. Exposed cabins will eat meals outside under one of our tents for a minimum of 5 days.

- A rapid antigen test will be administered on day 5 after exposure, as well as if any symptoms develop.
- We will monitor exposed individuals for symptoms until 10 days after exposure.

If a camper/staff is exposed to COVID-19, tests negative, but is **not up to date** on his/her COVID-19 vaccinations (i.e., the camper was eligible to boost and did not boost), **they must “test to stay”** (unless they had a confirmed case of COVID-19 within 90 days) to avoid having to leave Camp to quarantine for a minimum of 5 days. They will rapid test daily throughout their 5-10 day quarantine period.



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### Staff Leaving Camp

Staff will be allowed to leave camp to take restorative time off. Staff will receive training on and emphasis on the parameters around their off-camp behavior to minimize the risk of getting Covid-19.

Their instructions include masking, social distancing, eating outside at restaurants, not attending large group gatherings, etc. We will meet with and train our staff on the expected behavior outside of Camp.

We will routinely PCR and/or rapid antigen test staff after days off with the current plan of testing them 2x/week.

We reserve the right to modify staff privileges and/or increase mitigation measures if our medical committee determines that local positivity rates or other COVID-19 conditions warrant doing so.

### Visitors

We are taking a conservative approach to visitors. We will not host Camp Committee weekend, and we will not invite alumni to participate in Shabbat celebrations with us. When we determine that an individual visitor should be allowed and can safely be on camp property, they will be required to be masked, fully vaccinated, and they must test negative on a PCR and rapid antigen prior to their arrival as well as be symptom-free to enter camp.